

Original Article

Dietary Daidzein Enhances Antiapoptotic Effect of 17 β -Estradiol (E₂) on Breast Cancer MCF-7 Cells

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ABSTRACT

Objective: To investigate whether dietary daidzein interact with endogenous 17 β -Estradiol (E₂) to give rise to additive or inhibitory effects on proliferation and apoptosis in breast cancer cells.

Methods: Cell cycle distribution and apoptosis induction were analyzed by using flow cytometry when breast cancer cell lines MCF-7 were cotreated with daidzein (1, 5 μ mol/L) and E₂ (0.1–10 nmol/L) for 5 days. Whether daidzein could alter E₂-modulated mRNA expression of estrogen receptor alpha (ER α), estrogen receptor beta (ER β) and ER β -estrogen response element (ERE) dependent transcription was investigated by RT-PCR and luciferase induction assays. The effects of daidzein on E₂-modulated expression of proapoptotic *p53*, *bax* and antiapoptotic *bcl-2* at both mRNA and protein levels were also investigated by RT-PCR and Western blot.

Results: Daidzein enhanced the antiapoptotic effect in an E₂ dose-dependent manner, but had no effect on E₂-induced proliferation. Daidzein antagonized E₂-induced ER β mRNA expression and ER β -ERE dependent transcription. In addition, daidzein only antagonized E₂-upregulated expression of *p53* and *bax*, but had no effect on E₂-upregulated expression of *bcl-2*.

Conclusion: Daidzein enhances the antiapoptotic effect of E₂ on breast cancer cells by inhibiting E₂-mediated *p53-bax* proapoptotic pathway. These results suggest that dietary daidzein may enhance deleterious effect of endogenous E₂ in hormone-dependent breast cancer.

Key words: Daidzein; E₂; Breast cancer; MCF-7 cells; Antiapoptotic effect; Estrogen receptor (ER)

INTRODUCTION

Daidzein, the second-most prominent isoflavone in soy products, has attracted attention because intake of it redounds to the protection against breast cancer^[1, 2]. However, the anticancer effect of daidzein is only observed in vitro experiments at high concentrations (>10 μ mol/L)^[3]. In contrast, the dietary concentration of daidzein only reaches 1–5 μ mol/L^[4], which stimulates the

growth of estrogen receptor (ER)-positive breast cancer cells in vitro, exhibiting estrogenic properties^[5]. Estrogens are the most important risk factors for breast cancer, and endogenous E₂ present in breast tissue may achieve 0.1 to 10 nmol/L^[6, 7]. The role of dietary daidzein in an endogenous estrogen environment still remains obscure.

Activation of ER α is known to promote cellular growth, but activation of ER β has been proposed to inhibit proliferation and induce apoptosis in breast tumors^[8–10]. ER β mRNA was dose-dependently upregulated by high concentrations of E₂ (\geq 10 nmol/L) in breast cancer T47D cells^[11]. E₂ may stimulate cellular growth via ER α , and synchronously induce cellular apoptosis via ER β above 10 nmol/L in T47D cells. For example, the

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proliferative rate rose from 0.1 to 10 nmol/L and dropped from 10 to 100 nmol/L^[12]. Proapoptotic effect involves the *p53-bax* pathway. Proapoptotic protein *bax* can induce the mitochondrial pathway of apoptosis and tumor suppressor protein *p53* can induce *bax* expression^[13]. *bcl-2* is an antiapoptotic protein and its overexpression has been shown to inhibit apoptosis^[14]. The *bcl-2/bax* protein ratio modulates cellular apoptosis^[15].

Therefore, we examined whether dietary daidzein affected E₂-mediated proliferation and apoptosis of breast cancer cells, by altering E₂-modulated expression of ER α , ER β , *p53*, *bax* and *bcl-2*.

MATERIALS AND METHODS

Reagents and Cell Culture

Daidzein, 17 β -Estradiol (E₂) and Propidium iodide (PI) were purchased from Sigma and MPP dihydrochloride (highly selective ER α antagonist) from Tocris. Human breast cancer MCF-7 cells were obtained from ATCC. Cells were routinely maintained in DMEM medium (Gibco), supplemented with 10% FBS (Hyclone) and antibiotics (100 U/ml penicillin and 100 μ g/ml streptomycin, Gibco) at 37°C in a humidified atmosphere containing 5% CO₂. Prior to each experiment, Media were changed into phenol red-free DMEM (Gibco) supplemented with 10% charcoal dextran-treated FBS (CDT-FBS, Hyclone) and cells were incubated for at least one week to deplete steroid hormones. Then, cells were incubated for five days in medium supplemented with 5% CDT-FBS containing various concentrations of daidzein or/and E₂.

Cell Cycle Analysis and Apoptosis Measurement

After treatment for 5 d, cells from two dishes in each group were put into a conical tube, and washed twice with PBS by centrifugating at 3000g for 5 min at room temperature. Cell cycle distribution and the rate of apoptosis were measured using flow cytometry as described before^[16].

Values were expressed as $\bar{x}\pm s$ of two representative experiments, each performed in 4–6 replicates.

RNA Extraction and RT-PCR

After treatment for 72 h, Total RNA was

isolated from cells by extraction using TRIZOL reagent. Lysates were extracted with chloroform and total RNA was precipitated with isopropanol. Verification of changed expression was done by semi-quantitative RT-PCR for ER α , *p53*, *bax* and *bcl-2*. Details of the primers for target genes and reaction conditions are listed in Table 1. GAPDH served as the internal standard. The PCR products were separated by electrophoresis in a 1.5% agarose gel and visualized by ethidium bromide staining. Relative intensities were quantified using Gel-pro Analyzer 4.0. The ratio between the intensity of the bands was reported as the $\bar{x}\pm s$. For that the level of ER β mRNA was low in MCF-7^[17], real-time quantitative RT-PCR was performed to investigate the expression of ER β as previously described^[18]. Data represent the average of replicates with their standard errors.

Luciferase Induction Assays

The estrogen response element (ERE) reporter construct (pGL3-ERE-luciferase) and expression vectors for ER β (psG5-hER β) were kindly provided by Professor Dalong Ma (Chinese National Human Genome Center). Cells were transferred into 24-well plates (5 \times 10⁴ cells/well) with 500 μ l phenol red-free DMEM (without antibiotics or fungicides) containing 3% CDT-FBS/well the day before transfection. One day later, 0.1 ml medium containing plasmid DNA (0.2 μ g ERE reporter plasmid, 0.05 μ g PRL-TK, and 0.5 μ g ER β expression vector) and FuGENE HD Transfection reagent (Roche) at a charge ratio of 1:3 was added, then cells were incubated for 14 h. The cells were incubated in medium containing 3% CDT-FBS plus test compounds for another 24 h. MPP dihydrochloride (100 nmol/L), an ER α -specific antagonist, was used with test compounds together to avoid the effect of ER α -ERE transactivation.

When ER β is activated by the test ligands, ER β forms a dimer that binds ERE, activating the transcription of luciferase reporter gene. Cell extracts were prepared for luciferase reporter assay (Dual-Luciferase Reporter Assay System, Promega). Transcriptional activity is represented as relative light units (RLUs) calculated as percentage of the maximal induction by E₂ (100 nmol/L) and standardized to the internal transfection control provided by *renilla* luciferase activity.

Western Blot Analysis

Cells were lysed in ice-cold lysis buffer containing 50 mmol/L Tris-HCL, pH 7.5, 150

mmol/L NaCl, 10% (v/v) glycerol, 1% (v/v) Triton X-100, 1 mmol/L PMSF, 1 mmol/L NaF, 1% SDS (v/v), 2 mmol/L sodium orthovanadate, 0.2 mmol/L DTT, and complete TM protease inhibitor cocktail. The cellular debris was cleared by centrifugation (12,000×g, 10 min, 4°C). Protein content of the samples was determined by BCA procedure. Equal amounts of protein (80 µg/well) were separated by SDS-PAGE (15%) and electrotransferred onto nitrocellulose membranes (Bio-Rad, Hercules; Amersham Biosciences). The membranes were incubated overnight at 4°C with primary antibodies (Santa Cruz, CA, USA). Then, the membrane was incubated for 1 h with horseradish peroxidase-

conjugated antibody at room temperature. Finally, ECL Plus reagent (Pierce Biotechnology, IL, USA) was used to detect the peroxidase activity and the signal was visualized by autoradiography.

Statistical Analysis

All experiments were repeated at least three times and the values are given as $\bar{x} \pm s$. All frequencies were subjected to arcsine transformation and analyzed by ANOVA followed by Duncan's multiple range tests. $P < 0.05$ was considered statistically significant and groups with a common letter are not significantly different.

Table 1. Primer sequences and cycling conditions used for RT-PCR for ER α , ER β , p53, bax and bcl-2 mRNA in MCF-7 cells

Genes	Primers PCR	Cycles	Annealing temperature (°C)	Product length (bp)
ER α	F: 5' GAAAGGTGGGATACGAAA 3' R: 5' AGAGCAAGTTAGGAGCAA 3'	32	55	478
ER β	F: 5' CGATGCTTTGGTTTGGGTG 3' R: 5' GTTAGCCAGGCGCATGGAT 3'	40	58	–
p53	F: 5' TTGAGGTGCGTGTTTGTG 3' R: 5' TTTATGGCGGGAGGTAGA 3'	30	56	335
bax	F: 5' TTCCCACCATTCTACCTGA 3' R: 5' AGATGAACTCCCTACTCCTTTT 3'	34	57	536
bcl-2	F: 5' AGATGTCCAGCCAGCTGCAC 3' R: 5' GCCAAACTGAGCAGAGTCTTCA 3'	30	59.5	331

RESULTS

Effects of Daidzein and E₂ on Cell Cycle Progression and Apoptosis in MCF-7 Cells

The concentrations of the compounds, the percentages of cells in G₀/G₁, S, G₂/M phases and sub-G₀/G₁ peak were presented in Table 2. The proliferation was indicated by the percentage of cells in the S phase of the cell cycle. Compared with control, Daidzein or E₂ significantly induced cellular proliferation ($P < 0.05$, Figure 1). Neither additive nor antagonistic effects on proliferation could be observed with any of the daidzein/E₂ combinations (Figure 1). The rate of apoptosis was indicated by the percentage of sub-G₀/G₁ nuclei of all nuclei measured. In comparison with control, Daidzein significantly decreased the rate of apoptosis ($P < 0.05$, Figure 1). However, E₂ produced a biphasic effect on cellular apoptosis (Figure 1), namely inhibiting apoptosis at low concentration (0.1 nmol/L, $P < 0.05$) and inducing

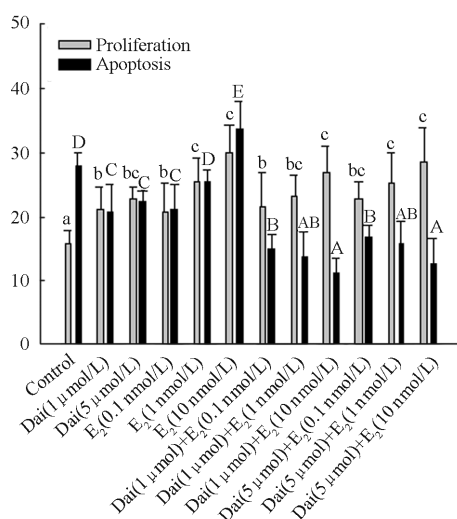
apoptosis at high concentration (10 nmol/L, $P < 0.05$). E₂ exhibited (1 nmol/L) no significant effect on apoptosis. Compared with daidzein or E₂ alone treatment, the rate of apoptosis significantly decreased when cells were co-treated with daidzein and E₂ ($P < 0.05$, Figure 1). In addition, daidzein enhanced the antiapoptotic effect in an E₂ dose-dependent manner.

Effects of Daidzein and E₂ on Gene Expression of ER α and ER β

We first investigated whether daidzein could interfere with E₂-modulated expression of ER α and ER β mRNA by RT-PCR after cells were treated for 72 h with various doses of daidzein or/and E₂. As shown in Figure 2A and B, E₂ dose-dependently decreased ER α mRNA and increased ER β mRNA compared with the control. Daidzein could inhibit E₂-increased ER β mRNA, but had no effect on ER α mRNA expression when cells were co-treated with daidzein and E₂.

Table 2. Effects of daidzein and E₂ on cell cycle and apoptosis in MCF-7 cells, $\bar{x} \pm s$, n ≥ 3

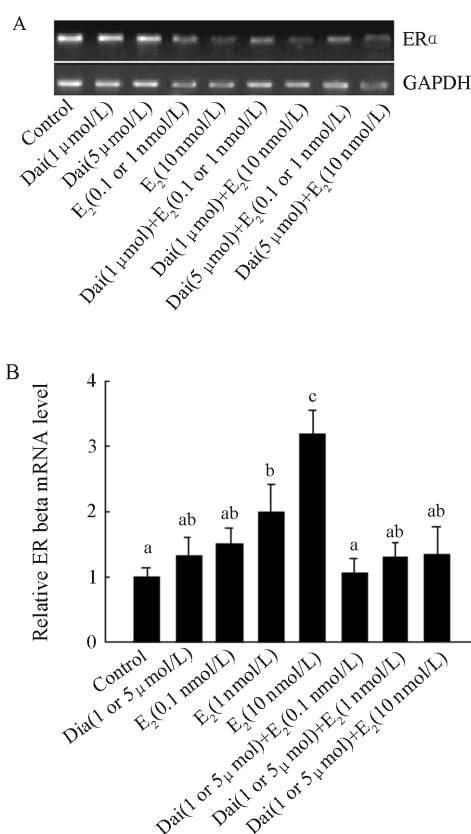
Compounds	Cell cycle			Apoptosis
	G ₀ /G ₁	S	G ₂ /M	Sub-G ₀ /G ₁
Control	77.6%±1.6	15.8%±2.2	6.6%±3.1	27.8%±2.1
1 μmol/L daidzein	71.2%±2.2	21.2%±3.6	7.6%±3.5	20.8%±5.3
5 μmol/L daidzein	69.8%±4.4	22.8%±2.0	7.4%±2.6	22.3%±2.6
0.1 nmol/L E ₂	70.9%±2.2	20.9%±4.4	8.2%±3.1	21.1%±3.8
1 nmol/L E ₂	68.1%±2.5	25.6%±3.5	6.3%±2.8	25.6%±5.6
10 nmol/L E ₂	65.9%±4.1	29.8%±4.5	4.3%±3.3	33.6%±4.4
1 μmol/L daidzein +0.1 nmol/L E ₂	71.4%±2.1	21.5%±5.4	7.1%±3.2	15.2%±4.0
1 μmol/L daidzein +1 nmol/L E ₂	70.6%±3.7	23.1%±3.4	6.3%±4.2	13.8%±3.5
1 μmol/L daidzein +10 nmol/L E ₂	68.1%±1.9	26.8%±4.2	5.1%±2.8	11.2%±5.5
5 μmol/L daidzein +0.1 nmol/L E ₂	72.3%±3.2	22.9%±2.5	4.8%±2.0	17.1%±4.8
5 μmol/L daidzein +1 nmol/L E ₂	67.8%±4.1	25.3%±4.5	6.9%±2.1	16.1%±3.2
5 μmol/L daidzein +10 nmol/L E ₂	65.7%±4.5	28.6%±5.3	5.7%±3.7	12.5%±4.1

Figure 1. Effects of daidzein and E₂ on cell cycle progression and apoptosis in MCF-7 cells.

Luciferase Induction Assays

In order to investigate whether daidzein could inhibit E₂-mediated transcription via ERβ, we further performed luciferase induction assays in MCF-7 cells. Transcriptional activity is represented as relative light units (RLUs) calculated as percentage of the maximal induction by 100 nmol/L E₂. E₂ induced transactivation of the ERE reporter gene via ERβ in a concentration-dependent manner (Figure 3). Although daidzein induced ERβ-ERE transactivation, it could attenuate E₂-mediated ERE transactivation via ERβ

when daidzein was used with 1 or 10 nmol/L E₂ together.

Figure 2. Effects of daidzein and E₂ on gene expression of ERα and ERβ. A: Representative gel showing ERα mRNA expression; B: ERβ mRNA expression values were expressed as fold changes compared with control (defined as 1).

Effects of Daidzein and E₂ on the Expression of p53, bax and bcl-2 at both mRNA and Protein Levels

After cells were treated for 72 h, the effects of daidzein on E₂-modulated the expression of p53, bax and bcl-2 at both mRNA and protein levels were investigated by RT-PCR and Western blot. In comparison with the control, 1 or 5 μmol/L daidzein significantly decreased bax mRNA (P<0.05), and E₂ dose-dependently increased p53, bax and bcl-2 mRNA (Figure 4A, B). When cells were co-treated with daidzein and E₂, daidzein only antagonized E₂-upregulated mRNA expression of p53 and bax (Figure 4A, B). Additional Western blot assays were also examined and the results were shown in Figure 4C. Daidzein did not alter the protein levels of p53 and bcl-2, but markedly decreased the level of bax protein. However, E₂ dose-dependently increased the protein levels of p53 and bax, and upregulated bcl-2 protein expression to the same level (Figure 4C). When cells were co-treated with daidzein and E₂, daidzein antagonized E₂-induced expression of p53 and bax proteins, but had no effect on E₂-upregulated expression of bcl-2 protein and bcl-2/bax protein ratio was higher than daidzein or E₂ treatment alone (Figure 4C). Hence, daidzein antagonized E₂-induced expression of p53 and bax at both mRNA and protein levels.

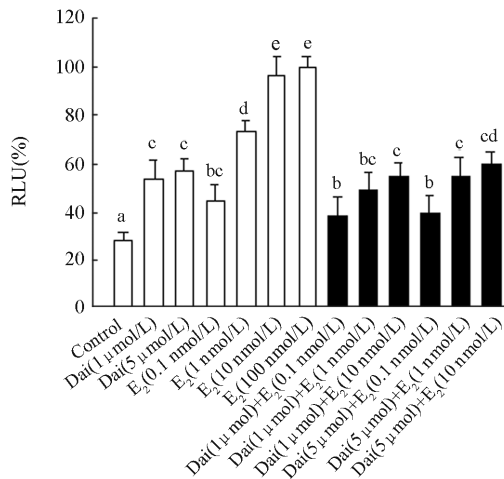


Figure 3. Daidzein attenuated E₂-mediated transactivation via ERβ.

DISCUSSION

In the present study, we investigated the combinatory effect of dietary daidzein and endo-

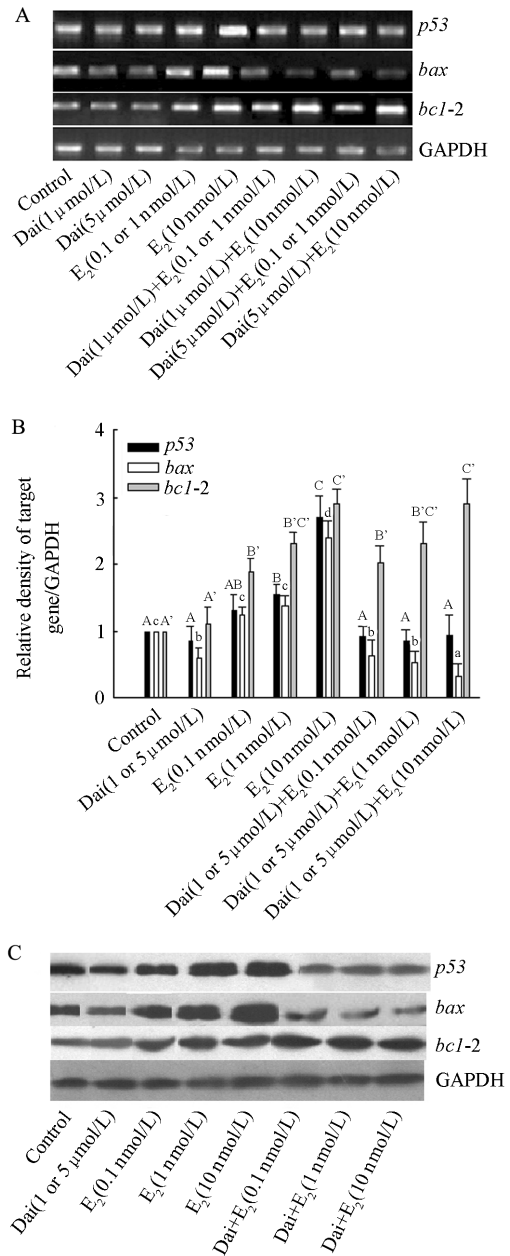


Figure 4. Effects of daidzein and E₂ on expression of p53, bax and bcl-2 at both mRNA and protein levels were investigated by RT-PCR and Western blot. A: Representative gel showing gene expression of p53, bax and bcl-2; B: Summary of the relative densities of p53, bax and bcl-2 genes; C: Representative blot showing protein expression of p53, bax and bcl-2.

genous E₂ (0.1–10 nmol/L) on proliferation and apoptosis of breast cancer cells. Daidzein enhanced the antiapoptotic effect in an E₂ dose-dependent manner, but had no effect on E₂-induced proliferation when MCF-7 cells were cotreated with daidzein and E₂. The result is similar to previous report that anticancer effect of genistein

was abolished by cotreatment with higher concentration of E₂ (25 nmol/L or 50 nmol/L)^[19]. Our results suggest that dietary daidzein may increase the risk of estrogen-dependent breast cancer especially for postmenopausal women, in whose breast tissue E₂ is transnormal.

In addition, we further examined the mechanism by which daidzein enhances the antiapoptotic effect of E₂ on breast cancer cells. Daidzein antagonized E₂-induced ERβ mRNA expression and ERβ-ERE dependent transactivation, but had no effect on E₂-modulated expression of ERα and *bcl-2* mRNA. Daidzein antagonized E₂-upregulated expression of *p53* and *bax* at both mRNA and protein levels, inducing a marked increase in *bcl-2/bax* protein ratio when cells were co-treated with daidzein and E₂. Thus, the molecular mechanism is that daidzein do not interfere with the antiapoptotic effect by E₂, but inhibits E₂-induced proapoptotic effect through *p53-bax* pathway.

Daidzein had no antagonistic effect on E₂-induced cellular proliferation in our and other study^[20]. It has been reported that genistein is more effective than daidzein in competing with E₂ for binding to ERα^[20]. Its strong affinity for ERα generally correlates with the antagonistic effect of genistein on E₂-induced proliferation, possibly by downregulating ERα expression^[8, 20]. Daidzein had no effect on E₂-downregulated expression of ERα mRNA in our study. All these studies show that daidzein has no effect on E₂-induced proliferation due to its weak affinity for ERα.

Activation of ERβ may inhibit cellular growth in breast cancer cells^[9, 10]. For example, Pyranocoumarin compound induced apoptosis, accompanied by an increased expression of ERβ^[21]. The antiproliferative effect of apigenin was effectively abrogated by ERβ siRNA to downregulate ERβ^[22]. Our results showed that daidzein could antagonize E₂-upregulated ERβ mRNA expression and attenuate E₂-mediated transactivation via ERβ. Generally, the ability for binding of a phytoestrogen to a specific ER subtype correlates with its ability to transactivate gene expression through that receptor. So, daidzein attenuates E₂-mediated transactivation via ERβ by competing with E₂ for binding to ERβ. This is likely associated with that daidzein has a stronger affinity for ERβ than ERα, and E₂ binds to ERα and ERβ with equal affinity^[23, 24]. Our result is inconsistent with previous investigation that 1 μmol/L daidzein could not interfere with 0.5 nmol/L E₂-mediated transactivation via ERβ^[24]. The differences result from that endogenous ERα

might interfere with the activity of the exogenously introduced ERβ in their system, however ERα-specific antagonist was used to avoid the effect of ERα-ERE transactivation in ours.

Previous results have demonstrated that pharmacological concentration of daidzein induced cellular apoptosis of MCF-7 cells^[3], followed by upregulation of the expression of ERβ, *p53* and *bax* mRNA^[25]. In contrast, the expression of *p53* and *bax* mRNA were downregulated by daidzein in MCF10a devoid of ERβ^[25]. Proapoptotic effect may be relevant to the activation of ERβ-*p53-bax* pathway^[25, 26]. Thus, daidzein antagonized E₂-activated *p53-bax* pathway possibly through attenuating E₂-upregulated ERβ mRNA expression and ERβ-ERE dependent transactivation. Proapoptotic *p53* protein induces apoptosis by transcriptional activation of proapoptotic gene *bax*^[13]. However, *bcl-2* protein can dimerize with *bax* to silence its apoptotic functions^[14]. The ratio of *bcl-2/bax* protein modulates apoptosis^[15]. In this study, E₂ dose-dependently increased the levels of proapoptotic *p53* and *bax* proteins in MCF-7 cells. These increases coincided with that E₂ induces cellular apoptosis at high concentration. Daidzein only antagonized E₂-upregulated expression of *p53* and *bax* proteins. E₂ can induce *bcl-2* expression via ERα-ERE in MCF-7 cells^[27]. As mentioned above, daidzein hardly competes with E₂ for ERα binding and interferes with its transactivation via ERα^[20, 24]. That daidzein has no effect on E₂-upregulated expression of *bcl-2* may result from these. So, *bcl-2/bax* protein ratio markedly increased when cells were co-treated with daidzein and E₂. It can be seen that daidzein attenuates the proapoptotic effect of E₂, and do not inhibit the antiapoptotic effect of E₂.

In summary, dietary daidzein enhances the antiapoptotic effect in an E₂ dose-dependent manner by inhibiting E₂-induced proapoptotic *p53-bax* pathway. Thus, we suggest that dietary daidzein may potentiate deleterious effect of endogenous estrogen in hormone-dependent breast cancer.

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